

VC Sports



**Your Guide
to Everything
About Sports and
Sports Bursaries**



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Sports at The IIE's VC

Learning goes beyond the lecture room. We believe that finding the right balance between academics and sports contributes to overall academic success. And we understand that no students play the same, which is why we offer sports ranging from team to individual, competitive to participative, so that each student can play their way!



The VC Sports Club has activities for everyone with events ranging from the annual University Sports South Africa (USSA) tournaments to social campus internal leagues. Sign up during registration and get involved.

Catering for the semi-professional, social athlete, team player or individual sportsman and woman, the VC Sports Club offers a variety of sports clubs. Not every campus offers the same sports clubs, the offering per campus depends on the location and available facilities.



Sports Clubs

National Sports Clubs

All national sports clubs offer expert coaching to students and most of the clubs' 1st teams compete in the top tier in their local leagues or competitions.

The IIE's Varsity College offers the following national sports clubs to students, alumni and the public:

- **VC Rugby Club**
- **VC Water Polo Club**
- **VC Hockey Club**
- **VC Cricket Club**
- **VC Netball Club**
- **VC Softball Club**
- **VC Football Club**
- **VC Athletics Club**

The Rugby and Hockey Clubs are in KZN with the home base at the Durban North campus, however, students from all three KZN campuses are welcome to join both clubs. All KZN national sports clubs' 1st teams compete for top spots in their respective KZN Premier Leagues.

The Sandton campus hosts the VC Football Club and the club's home base is Marks Park. The men's 1st team has been promoted to the SAB League and the men's lower teams and our ladies' team play in the local Rand Central Football League. The VC Softball Club is the other national sports club in Gauteng and is based in Pretoria.

The two national clubs based at our Cape Town campus are the VC Netball and VC Cricket Clubs. Our Netball Club is a member of the Tygerberg Netball Association and our Cricket Club is registered with the Western Province Cricket Association.

Our VC Athletics Club, registered with Athletics South Africa, allows athletes from around South Africa to participate in road races and provincial and national track and field events.

Campus Sports Life Clubs

Sports Life Clubs offer sports that are fun, healthy and geared towards the individual and are the kind of outdoor activities that once you start, you'll likely keep doing for the rest of your life. Campuses are equipped with extra skis, boats, bikes and boards for newbies. These clubs include:

Cycling (Mountain Biking and Road Cycling)
Running
Canoeing
Surfski
Golf
Surfing
Multi-Sport/Triathlons



Campus Team Sports Clubs

The number of team sports clubs per campus is determined by the location of the nearest arena or suitable league. The campus team sports clubs participate in the local leagues at either a social or competitive level.

Alternatively, the club will host an internal Varsity College league and students within the club are encouraged to enter their own teams. Campus Team Sports Clubs include:

- Action Soccer/Futsal/SOCA 5s**
- Action Netball**
- Action Cricket/Last Man Stands Cricket**
- Action Hockey**
- Action Softball**
- Touch Rugby**
- Volleyball**
- Basketball**
- Netball**
- Football**



Campus Social Sports Club

Lifestyle activities like Esports, chess and hiking are offered at a social level by some campuses as part of The IIE's Varsity College Sports Club. Some of the campuses offer a Fitness Club which includes a variety of activities like walking, yoga and pilates. This ensures we give every student the opportunity to get involved in The IIE's VC Sports Club and enjoy a balanced student lifestyle.

VC Sports Club Leadership Team

The VC Sports Club is managed by the Campus Sports Coordinator who appoints Club Administrators to run each sports club on campus. Passionate students, who have the knowledge and admin skills, can be appointed as Sports Club Administrators, and will be responsible for organising training, scheduling racing opportunities, confirming team lists and supporting beginners. Club Administrators are supported by the VC Sports Club Committee who is responsible for marketing and advertising all the sports clubs on campus.

University Sport South Africa (USSA)

We participate in a number of different USSA tournaments annually: athletics, canoeing, golf, netball, rugby (15s & 7s), surfing, water polo, cycling, football, hockey, softball, cricket, Esports and swimming. Our teams have achieved great success recently and these tournaments are highlights in the calendar for all our national sports clubs.

VC Sports Club Awards

Each year we celebrate athletes' achievements. Awards include the prestigious VC Sports Club All Star award for the student with the highest level in both sports and academics. Other awards include Sportsman and Sportswoman of the Year and Club Administrator of the Year.



Rugby

The Durban North campus is home to the VC Rugby Club. The club has acquired the most advanced equipment available and appointed top class coaches, providing a great platform for talented young players.

The club's facilities include eight state-of-the-art change rooms, a fully equipped medical room, electronic

scoreboards and fantastic lighting on all fields. Students can participate in university tournaments and the KZNRU league and competitions.

The club is open to students from all KZN campuses and the public and boasts three open and an U20 team, with the 1st team participating in the KZNRU premier division.





Hockey

The Hockey Club got the ball rolling in 2014, providing an opportunity for students from all three KZN campuses to become members. The club practises are based in Durban North and we have two men's and three women's teams therefore catering for both social and competitive players. Both the men's and women's 1st teams play in the competitive KZNHA outdoor and indoor super leagues.

Our achievements are largely due to our coaches' dedication and expertise and the effort of our players. The highlight of the year is the annual USSA hockey tournament where our men's and women's teams are in the A section, fighting for a spot in the Varsity Hockey competitions. Quality coaching produces quality players, and in the last few years the club has produced several South African national and provincial representatives at both senior and age group level.

Football

The Football Club is based both in Gauteng and Western Cape. The main club is at the Sandton campus and plays all games at Sturrock Park or Marks Park. The club is open to students, alumni and the public. The club has three senior men's teams and a women's team, and the men's 1st team has been promoted to the prestigious SAB league.

Other teams play in the Rand Central Local Football Association DSL premier league. Both the men's and women's teams participate in the USSA Football National Club Championships.

The Cape Town campus operates a satellite club to the main Football Club and participates in the Cape Town Tygerberg football league and they have two men's teams.



Water Polo

The Water Polo Club is a national club with links at various satellite clubs in Cape Town, Durban and Johannesburg. Students from any one of the IIE Varsity College campuses can become members. The highlight of the year is the annual USSA Water Polo Championships where the club goes head-

to-head with other universities. Both our men's and women's teams participate in the Currie Cup National Club Championships where we test our metal against top clubs and provincial teams from around the country.

Softball

The Pretoria campus recently launched Softball, serving as the home base for the VC Softball Club. Both the men's and women's 1st teams play in the very competitive GASA Super League – the strongest club league in the country – in addition to the local Tshwane Softball Leagues. With an excellent technical

team consisting of former SA players and current SA and provincial coaches, the tactically based practice sessions and individual player management strategies are great assets to this fledgling club. The club is open to all students, alumni and members of the public and all skill levels are welcome.



Netball

The Cape Town campus is home to the VC Netball Club, which is the centre of excellence for Netball at the IIE Varsity College. Training is at Sans Souci Girls' High School and the ladies compete in the USSA Netball Champs against other top universities. The coaches have considerable provincial and national experience which allows our netball

players to take their netball careers to the next level. The club is open to students and alumni and participates in the Tygerberg Outdoor and Montague Arena action netball leagues. There is a great combination of social interaction and competitive edge in the newly formed Netball Club and players of all levels are welcome.



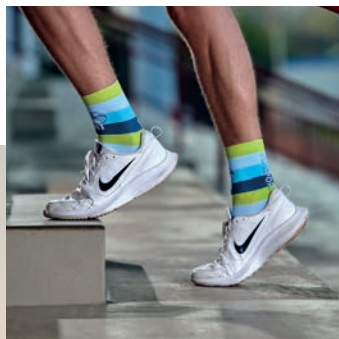
Athletics Club

The newly formed VC Athletics Club, based in KZN, Gauteng and Eastern Cape, and registered with Athletics South Africa in those provinces, welcomes students and the public around the country to become members. The club caters for a variety of disciplines like road running, trail running, track and field and cross country and for students that are track and field specialists, the Athletics Club provides the opportunity to compete at all ASA events and the annual USSA Athletics Championships in April.

Many of the campus sports clubs use the running club sessions as their own fitness sessions. Trail running offers students the opportunity to experience some of the most beautiful landscapes, and the newly developed eco-trail based on the Westville campus is an example of this.

Experienced and social runners (both road and trail) are encouraged to join the Varsity College Running Club on STRAVA, the online mobile fitness tracking app, where you can compete against members from your own campus club or with students from around the country.

Running provides a launch pad into multi-disciplined events like Obstacle Course Racing (OCR) and triathlons. These events create a great sense of camaraderie. Students simply join and enter team events, they don't have to be proficient or experienced.





Cricket

The IIE's Varsity College Cape Town campus is home to the VC Cricket Club. The VC Cricket Club, launched in 2020, is registered with the Western Province Cricket Association and has two open men's teams that compete in the Western Province Cricket 2nd and 3rd divisions with the vision to add a ladies' team.

It is a student-centric club that participates in the USSA Cricket Week, and the league teams are open to a limited number of alumni and community members.

Practices and home matches are played at the Western Province Cricket Club, mainly at the Vineyard Oval and there is great synergy between the two clubs. The VC Cricket Club's acquisition of top-class coaches and players will assist in the club's development.



Canoeing & Surf Skiing

The VC Canoe Club, registered with Canoeing South Africa, is part of the offering at the Cape Town, Nelson Mandela Bay, Durban North, Westville and Pietermaritzburg campuses. The two disciplines that the club focuses on are canoeing and surfskiing. From the excitement of the white waters of the Fish River to the freedom of the ocean's down winds, canoeing and surfskiing are action-packed and healthy outdoor sports. The highlight of the canoeing calendar is the National USSA Canoeing Champs during

the Fish River Canoe Marathon every year – the Canoe Club has consistently been placed in the top 3 over the past 8 years.

Each of our campus Canoe Clubs are equipped with canoes, surf skis and paddles, allowing beginners to get involved without huge financial commitment. Aside from the great social aspect, there is also a competitive side to the Canoe Club, with students taking part in various events locally and internationally.





Golf

Golf is offered at a social and competitive level at all IIE Varsity College campuses around the country. Each club has relationships with local driving ranges or golf courses where the clubs practice or play a round on a weekly basis. The clubs are run by experienced Club Administrators who can assist beginners with the basics, as well as support more advanced players.

For those more competitive golfers, there is an opportunity to represent The IIE's Varsity College at the annual USSA Golf Championships, where the top 8 golfers from campuses around the country compete against other tertiary institutions. At the last three USSA Golf Champs, The IIE's Varsity College was consistently placed in the top 3 in stroke play and in the top 6 in match play competition.

Surfing



With outposts in Cape Town, Durban North, Westville and Nelson Mandela Bay, the Surfing Club boasts surfers that are among South Africa's best. Most campuses offer a "Learn to Surf" programme and surfboards are provided for those who don't yet have their own. Advanced sessions are available for experienced surfers, as is the opportunity to represent The

IIE's Varsity College at the annual USSA event in Victoria Bay, where we've built a formidable reputation. In the last 3 years, the team has achieved podium placings, but it's in the individual results the team has shown complete dominance, winning numerous gold medals. This talent, passion and dedication to the "Learn to Surf" programmes is what feeds this club.

Cycling

The IIE's Varsity College offers cycling on most campuses around the country and these clubs offer either mountain biking (MTB) or road cycling. With talented and enthusiastic Club Administrators overseeing these clubs, this sport is enjoyed by beginners and advanced riders alike. Equipment – including bikes and helmets – is available at each campus for new riders.

The IIE's Varsity College's semi-professional VC Cycling team provides opportunities for students to take their cycling careers to the next level. These students compete in some of the biggest MTB stage races and road races around the country. The highlight of the calendar is the annual USSA Cycle Tour where the team competes against other universities for top honours.



Bursaries

Sport Bursary Categories

There are several sport bursaries available to students who have excelled in their sport disciplines (categories included in this brochure), in addition to students who are interested in becoming an IIE Varsity College Sports Club Administrator.

Sports Club Administrator Bursary

Critical to the success of the Sports Clubs on campus are the dedicated, committed and experienced Sports Club Administrators. If you're passionate about any of the sports included in this brochure, and you have the administration skills and energy to see it grow in a student environment, please apply at your nearest campus to become a Sports Club Administrator. This bursary is applicable to the sports clubs offered on campus.

National Sports Club Bursaries

Bursaries are available to students who are interested in becoming a member of one of our competitive sports clubs – e.g. rugby (KZN), cricket (Cape Town) hockey (KZN), football (Sandton), netball (Cape Town), water polo (National), softball (Pretoria), cycling (National) and athletics (National) – and have achieved a high level of sporting performance (e.g. provincial or national representation). Bursaries are awarded depending on the positional and transformation requirements of each sports club.

Discretionary Sport Bursaries

Students who have achieved National Senior Protea colours, in the year prior to registration, can apply for a sport bursary. Preference is given to students participating in sporting disciplines offered by The IIE's Varsity College or if it is a USSA sport. These sports include: cycling, surfing, canoeing, surfskiing, golf, swimming and athletics.

Application Process

Complete the sport bursary application form at the end of this brochure and compile a CV of your sporting achievements and a short motivation as to why you would be suitable for one of the above sport bursaries. You can submit all these documents when you come in for an interview with a Student Advisor at your nearest campus.



Application Form



APPLICANT INFORMATION

Entrance Year: _____

Campus:

- Durban North Westville Pietermaritzburg Cape Town
 Nelson Mandela Bay Sandton Waterfall Pretoria

Qualification: _____
(E.g. BCom)

STUDENT DETAILS:

First Name: _____ Surname: _____

Gender: (M) (F) Date of Birth: _____

CONTACT DETAILS:

Guardian Cell Number: _____ Student Cell Number: _____

Guardian Email: _____

EDUCATION:

High School Name: _____ Completion Year: _____

Other Tertiary Information: _____

Name of Institution: _____

SPORT BURSARY DETAILS:

Please indicate which sport you would like to apply for a bursary for: (Tick the box)

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cycling – MTB & Road	Surfing	Rugby**	Softball****	Cricket***		
Athletics	Swimming	Hockey**	Football*			
Canoeing & Surf Ski	Golf	Water Polo	Netball***	Other		
Please specify:						
Are you interested in becoming a VC Sports Club Administrator?			YES	NO		

*Sandton campus only • **KZN campuses • ***Cape Town campus only • ****Pretoria campus only

Leadership Details:

Please list the positions of leadership that you have held e.g. Head Girl or Surfing Club Captain.

Sporting Achievements:

Please list your top sporting achievements in the last two years:



Gauteng

Sandton

Waterstone Drive, off Benmore Road
Benmore Gardens, Sandton 2196
Tel: (011) 784 6939
Email: sdt@varsitycollege.co.za

Waterfall

Janadel Avenue
11 Riverview Park, Midrand 1686
Tel: (010) 224 4300
Email: wfl@varsitycollege.co.za

Pretoria

116 Clearwater Road, Cnr. Clearwater &
Glenwood Roads, Lynnwood Glen, Pretoria 0081
Tel: (012) 348 2551
Email: pta@varsitycollege.co.za

Western Cape

Cape Town

Quadrant Building, 146 Campground Road,
Newlands, Cape Town 7700
Tel: (021) 685 5021
Email: ct@varsitycollege.co.za

Eastern Cape

Nelson Mandela Bay

1st Floor, Mercantile Bank Plaza, Ring Road
Greenacres, Gqeberha 6045
Tel: (041) 363 4223
Email: nmb@varsitycollege.co.za

KwaZulu-Natal

Durban North

12 Radar Drive, Durban North 4051
Tel: (031) 573 2038
Email: dbn@varsitycollege.co.za

Westville

1 Link Road, Cnr. St James Avenue & Link Road
Westville 3630
Tel: (031) 266 8400
Email: dbw@varsitycollege.co.za

Pietermaritzburg

Harwin Road, Scottsville
Pietermaritzburg 3201
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